Love Thy Burger Allergen Information

Key	Meaning
Y	Allergen contained in the product
MC	May Contain- the allergen is present at the ingredients manufacturing site and our suppliers believe there is a significant risk this allergen could cross-contaminate the ingredient
N	The allergen is not part of the product as delivered to store
Y	Ingredients suitable for plant-based/vegetarians
N	Ingredients NOT suitable for plant-based/vegetarians

We handle allergens in store and due to cross contact we can never 100% guarantee that our products will be allergen free.	Suitable for vegetarians	Suitable for vegans	eggs	fish	milk	peanuts	seasame	crustaceans	soya	nuts	cereals containing gluten	sulphites	celery	mustard	lupin	molluscs
Bread																
Brioche Buns	Y	N	Y	N	Y	N	MC	N	MC	N	WHEAT	N	N	N	N	N
Vegan Brioche Buns	Y	Y	N	N	N	N	MC	N	N	N	WHEAT, RYE	N	N	N	N	N
Gluten-free Buns	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Meat, Poultry, Fish, Eggs & Vegan/ Vegetarian																
Beef Patty	N	N	N	N	N	N	N	N	Y	N	WHEAT	N	N	N	N	N
Buttermilk Chicken Breast	N	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Gluten-Free Beef Patty	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Fried Egg	Y	N	Y	N	N	N	N	N	Y	N	N	N	N	N	N	N
Smoked Streaky Bacon	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pulled Pork	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Pastrami	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Sujuk (Turkish Sausage)	N	N	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Falafel	Y	Y	N	N	N	N	Y	N	Y	N	N	Y	N	N	N	N
Beyond Burger Patty	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
THIS Isn't Bacon Rashers (Vega	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Cheese & Vegetables																
Monterey Jack Cheese	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Violife Cheese	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Halloumi	Y	N	N	N	Y	N	N	N	Y	N	N	N	N	N	N	N
Lettuce, Tomato, Raw onion	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Pickled Gherkins	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Fried Onion	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Jalapeño	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Relish & Sauces																
Red Onion Marmalade	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
LTB Slaw	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Chilli Jam	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
LTB Garlic Mayonnaise	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N
LTB Spicy Sauce	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N
BBQ Sauce	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
American Mustard	Y	Y	N	N	N	N	N	N	N	N	N	N	N	Y	N	N
Chipotle Mayonnaise	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Mayonnaise	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N	N	N
Ketchup	Y	Y	N	N	N	N	N	N	N	N	N	N	Y	N	N	N
Sides																
Fries	Y	Y	N	N	N	N	N	N	Y	N	N	N	N	N	N	N
Rosemary Fries	N	N	N	N	N	N	N	N	Y	N	WHEAT	N	N	N	N	N
Sweet Potato Fries	N	N	N	N	N	N	N	N	Y	N	WHEAT	N	N	N	N	N
Onion Rings	Y	Y	N	N	N	N	N	N	Y	N	WHEAT	N	N	N	N	N
Deep Fried Mozzarella	Y	N	N	N	Y	N	N	N	Y	N	WHEAT	N	N	N	N	N
Deep Fried Mac & Cheese	Y	N	N	N	Y	N	N	N	Y	N	WHEAT	N	N	N	N	N
Breaded Chicken Wings	N	N	N	N	N	N	N	N	Y	N	WHEAT	N	N	N	N	N
Chicken Nuggets	N	N	N	N	N	N	N	N	Y	N	WHEAT	N	Y	N	N	N
Shakes and Desserts																
Oreo	Y	N	N	N	Y	MC	N	N	Y	N	WHEAT	N	N	N	N	N
Strawberry Shortcake	Y	N	N	N	Y	MC	N	N	N	N	WHEAT	N	N	N	N	N
Biscoff	Y	N	N	N	Y	MC	N	N	Y	N	WHEAT	N	N	N	N	N
Chocolate	Y	N	N	N	Y	MC	N	N	N	N	N	N	N	N	N	N
Banoffee Pie	Y	N	N	N	Y	MC	N	N	N	N	WHEAT	N	N	N	N	N
The Cherry Shakewell	Y	N	Y	N	Y	MC	N	N	MC	MC	WHEAT	Y	N	N	N	N
Reece's	Y	N	N	N	Y	Y	N	N	Y	N	N	N	N	N	N	N
Malt	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Bueno Waffle	Y	N	Y	N	Y	N	N	N	Y	HAZELNUT	WHEAT	N	N	N	N	N
Nutella Waffle	Y	N	Y	N	Y	N	N	N	Y	HAZELNUT	WHEAT	N	N	N	N	N
Banoffee Waffle	Y	N	Y	N	Y	N	N	N	Y	HAZELNUT	WHEAT	N	N	N	N	N
Biscoff Waffle	Y	N	Y	N	Y	N	N	N	Y	N	WHEAT	N	N	N	N	N
Ben&Jerrys Cookie Dough	Y	N	Y	N	Y	N	N	N	Y	N	WHEAT	N	N	N	N	N
Ben&Jerrys Chocolate Fudge Brownie	Y	N	Y	N	Y	N	N	N	Y	N	WHEAT, BARLEY	N	N	N	N	N
Ben&Jerrys Phish Food	Y	N	Y	N	Y	N	N	N	Y	N	WHEAT	N	N	N	N	N
Ben&Jerrys Moophoria Chocolate Cookie Dough	Y	N	Y	N	Y	N	N	N	Y	N	WHEAT	N	N	N	N	N
Ben&Jerrys Vanilla	Y	N	Y	N	Y	N	N	N	N	N	N	N	N	N	N	N
Drinks																
Fountain Drinks: Coke	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fountain Drinks: Diet Coke	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fountain Drinks: Coke Zero	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Fountain Drinks: Fanta/Sprite	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Americano, Green Tea	Y	Y	N	N	N	N	N	N	N	N	N	N	N	N	N	N
Tea, White Americano	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N
Hot Chocolate	Y	N	N	N	Y	N	N	N	N	N	N	N	N	N	N	N